



## WELCOME TO DAY 3 - GOING DEEPER

Going deeper allows you the opportunity to really, really look at things, reflect and assess them. Start being honest with yourself, what has worked, what hasn't. What do you really want, are you wanting whatever because you were told that is the type of job for you, or because it offers heaps of money? Really, you go back to the basics, Your Passion, Your Vision, Your Fears

When having fears, face them and work out if you need to do something about them. Every human being has a fear, it is what we do with it, that counts.

Once again have your journal close by as you may have many 'light bulb' moments here!.

Please do not forget to jot down what you are Grateful for.

## DAY 3 OVERVIEW

### Welcome to Day 3 of the 5 Day Kickstart Your Career.

The questions which I have listed in this exercise are the main ones that every person looking for a job or want to change jobs asks me. Of course there are many more questions, however, this is a 5 day Kickstart Your Career Course, so this is a sample of the main ones.

Please do not underestimate these questions.

If you want to, take some time out here, relax the mind and body, put some soft music on and allow any thoughts to come your way, as your answer may be there – if no answer “pops up” don’t worry, this process may take a long time for yourself.

Please don’t forget to jot down what you are grateful for? You may surprise yourself with your answers

### Day 3: Exercise 5 GOING DEEPER

What are your passions?

What do you really want to do for a career/job?

What type of persons do you like to work with?

### Day 3: Exercise 5

Do you have an attitude, I am better than others? If yes, how come?

Are you a doer?

Are you a leader?

### Day 3: Exercise 5

What are your fears?

Looking at the above, what do you need to do?

By when and are you going to act on this?

Date \_\_\_\_\_

Signature \_\_\_\_\_

