



## WELCOME TO DAY 5 - YOU

**Here you are at the end of the 5 Day Kickstart Your Career. Congratulations!!!**

YOU have done all the groundwork, now be YOU and make what YOU want, BE YOU. Before I go too much further, always consider having a contingency plan in case you do not get what you want. If you keep getting rejected, look at yourself deeply to work out if you have blocks in any way or even if this is the right career direction. If you are unsuccessful with interviews look at, do you need training in role-playing for Interviews? Look at your attitude? Think about is this what you really want to do? Learn to be open to learning, especially about your Personal Development.

From the last four days of exercises (and you may want to include the ('Warm Up') exercise), have a look at your findings and consider them, when writing what you want to do.

Go back over your notes which you may have jotted down in your journal before making your final decision.

Also, if you wish to continue on and learn more and want to enroll in the Transition to TranZition™ Course. I will happily deduct the amount of this course off of the price of the Transition to TranZition™ Course.



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## DAY 5 OVERVIEW

**Welcome to day 5 of the 5 Day Kickstart Your Career Course.**

I do hope the bite sized exercises have helped you gain clarity, give you 'light bulb' moments, challenged your thinking and created something which you have never thought about before

I am available to answer up to 5 questions you may have. Please email, [denise@tranzition.com.au](mailto:denise@tranzition.com.au)

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### A suggestion I have is:

Make a Vision Board Each day –

Ø Write down exactly what you want, be very clear and specific here. Pen to paper is one of the most powerful tools you can ever have. Write this every day and when you do, put your feelings into it, write down your emotions, put everything into it, do not miss a thing, make it happen. By writing, it raises your vibration and you start manifesting what you want.

Ø Now write yourself a letter and tell yourself how proud you are of yourself, how much you love yourself and what insights you have had about yourself

**Remember this is a Kickstart, and awareness Course to help you get started. Also, if you wish to continue on and learn more and wanting to enrol into the Transition to TranZition™ Course, I will happily deduct the amount of this course off of the price of the Transition to TranZition™ Course**



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