

PHASE 5

REFLECTION

How does it feel, you are ready to go for it?

How hard was it to set an Action Plan?

Overall, what are your biggest challenges?

What can you do about these challenges?

Overall, what is the one thing you do need to improve in?

You have achieved the job you want, what are you afraid of?

How come you are afraid?

Do you need to book into one EFT session to remove this? Yes No

If Yes, when are you booking in?

What are you proud of?

Did anything magical happen for you?

I would like to brag about