

PHASE 3

REFLECTION

My Values have shown me?

I am so thankful for values exercise because?

If I had never looked at my Current Situation, I would never had?

What challenges did you face?

How did you overcome any changes you need to make?

What was one big thing you have learned from this Phase?

What insights did you have about yourself looking at your Skills?

What insights did you have about yourself looking at your Strengths?

What insights did you have about yourself looking at your Weaknesses?

In clarifying your Passion, does it give you a new Career opportunity? If Yes, what is that?

What are you proud of?

Did anything magical happen for you?

I would like to brag about

What set patterns in you do you need to remove or change?

What do you think the number one thing is you need to change about yourself?

What is it that most energises you?

What do I want to achieve with my work?