

## PHASE 3 Part 1

### WHAT IS YOUR PASSION IN LIFE?

QUESTION	ANSWER
What puts a smile on your face?	
What do you find easy to do?	
What sparks your creativity?	
What is something which makes you come up with new, fun, and exciting ideas?	
What do you like to talk to others about?	
What would you regret not having tried?	
What would you have like to do, that you haven't done yet?	
Is there something you already love doing?	
Is there something you loved doing as a child, but never considered it as a possibility?	

QUESTION	ANSWER
What hobbies do you love?	
What do you spend hours reading about?	
When have you been happiest?	
Do you spend days doing things you love?	
What ignites your fire?	
What makes you feel good about yourself?	
Do you lose track of time when you do it?	
What makes you get out of bed in the morning?	
What would you do for the love of it and maybe not worry about the money?	
What are your favourite things that you have done in your past? What about now?	
What activities make you lose track of time?	

QUESTION	ANSWER
Who inspires you most? What qualities do they have?	
What are you naturally good at?	
What do people typically ask you for help in?	
If you had to teach something what would you teach?	
What would you regret not fully doing or being or having in your life?	
You are now 90 years old. Looking back at your life what matters in your life the most? Is it people, animals, money?	
What are your deepest values?	
What was some of the challenges, difficulties you have overcome or are overcoming and how did you do that?	
What causes do you strongly believe in and connect with?	

QUESTION	ANSWER
If you could get a message across to a large number of people who would those people be and what would your message be?	
Given your talents, passions, strengths, abilities and values how could you use these resources to serve, help and contribute to people, cause, organisations, environments, animals and the planet?	
What is the one thing that provides meaning to your life?	
What would you do for free if you had to?	